NEW HEALTH FOUNDATION
SOCIAL AND HEALTH CARE QUALITY
NEW HEALTH FOUNDATION

01 PALLIATIVE CARE PROGRAMME
02 INTEGRATED CARE PROGRAMME
03 SOCIAL AWARENESS PROGRAMME
NEW HEALTH FOUNDATION is a non-for-profit institution for the observation and optimisation of health and social care systems and family environment support with the aim of addressing quality of life of people with advanced diseases, high dependency and at the end-of-life.

Set up in 2012 by a number of health care sector professionals to address the increasing challenges faced by health and social care systems. It was formally established in February 2013 and registered in the Protectorate of Foundations of the Ministry of Health, Social Services and Equality in September 2013.
The Foundation came about after verifying the need to require a more integrated model of attention capable of improving the quality of assisting people with advanced chronic conditions and to face the threat of confronting a stable health care system already in place.

Some of the realities are:

- Ageing population
- Increase in dependency
- Increase in chronic diseases
- Economic crisis

The mission of the **NEW HEALTH FOUNDATION** is to help build a society committed to the attention and care of those who find themselves in advanced stage conditions, high dependency situations or at end of life stages.

The Foundation has these **MAIN OBJECTIVES**:

- Promote quality strategies by providing services that allow the integration of health and social care systems and encouraging the population to become more involved in their own health care.

- Support and improve the quality of life of dependent people by enhancing the attention for patients with advanced chronic conditions.

- Improve palliative care for end of life stages by optimising the socio-sanitary system and family environment.

- Raise awareness of the population about Palliative Care.
01 **PALLIATIVE CARE PROGRAMME**
Development of palliative care public policies, programmes and services. Improvement in health care and programme efficiency.

02 **INTEGRATED CARE PROGRAMME**
Promotion of integrated health and social care models. Identification of best practices and knowledge sharing.

03 **SOCIAL AWARENESS PROGRAMME**
Promotion of commitment to society aiming to create communities and cities that care and support people at the end of their life.

**INTEGRATED CARE MODEL**
**A CHANGE OF PARADIGM: PERSON-CENTRED CARE**

- Need for health care
- Dependency: Need for support and personal care
- Social support network
PALLIATIVE CARE PROGRAMME
PALLIATIVE CARE PROGRAMME

The Foundation promotes quality of life and relief of suffering for people with advanced diseases and their loved ones based on developing, managing and enhancing programmes of excellence in Palliative Care.

WHAT DO WE DO?

Palliative Care public policies:
- We advise governments, administrations and public institutions regarding implementation or improvement of Palliative Care national plans and strategies.

Palliative Care Programmes and Services / Resources:
- We develop integrated models of Palliative Care adapted to organisations to enable them to design and implement Palliative Care programmes and services / resources.
- These models allow a more efficient management of resources with dramatic cost savings as well as added benefits for organisations.
- We analyse the extent of the use of health resources and costs at the end of life with the objective to evaluate these programmes within the organisation.

HOW DO WE DO IT?

We have implemented a systematic working approach based on the NEWPALEX® method, a holistic approach for the development, management and leadership of Palliative Care programmes and resources, which enables organisations to be certified as efficient structures providing excellent support.

We provide organisations with clinical care and management tools required for the adequate provision of services and quality of care.

We train professionals in Palliative Care programme management through leadership and change management actions for their working teams.

NEWPALEX® CERTIFICATION

NEWPALEX® Certification is obtained by complying with a set of standards within the organisation, compiled by a consensus of experts in resource management organisation and Palliative Care Programmes and standards recognised by prestigious international organisations.

NEWPALEX® GUIDELINES

The Foundation has developed and published guidelines which include standards for the implementation and certification of the NEWPALEX® method.
INTEGRATED CARE PROGRAMME
Advanced diseases and high dependency are closely related and require a more effective and efficient model for coordinated and integrated social and health care services. The design of new services should, in the first place, incorporate the citizens’ perspective in order to achieve a truly effective integrated care, focused on the real needs of people.

**THE SPANISH OBSERVATORY ON INTEGRATED CARE [OMIS]**

Within the area of Integrated Care, the Foundation has launched the Spanish Observatory on Integrated Care (OMIS), supported by a web platform, to promote the implementation of Integrated Care models and synergies between health and social care systems through the analysis of best practices and knowledge sharing among key stakeholders.

**WHAT DOES THE OBSERVATORY DO?**

- **Monitors, identifies, archives and analyses** the added value of Integrated Care practices in Spain.
- **Follows up and studies the evolution of** Integrated Care models in Spain.
- **Collaborates in the design of tools** to provide solutions for systems and professionals to facilitate the integration of health care models.
- **Prepares national and international case studies and reports.**
- **Promotes synergies to foster the model** among the network of professionals, organisations and projects.

www.omis.newhealthfoundation.org
SOCIAL AWARENESS PROGRAMME
The growing need for care for people with advanced diseases and in the final stages of life requires the awareness, involvement and training of society. The support and affection towards those with care needs within our closest circles is a responsibility which cannot be delegated, especially if we are to achieve a truly sustainable care system in both our communities and at home. In addition, it is a gratifying attitude and an activity which should be regained from empathy and to help those who need it most.

**WHAT DO WE DO?**

We build networks and give visibility to other organisations that are already developing Compassionate Communities around the world. We have designed a world map on compassionate communities and cities describing all the initiatives that have been implemented so far.

We promote the development of Compassionate Cities by means of our own methodology and through a series of awareness-raising, training, research and implementation actions.

The programme “Todos Contigo”, “We are all with you”, is the **NEW HEALTH FOUNDATION’S** commitment to make communities aware of the importance of care and support at the end of life. This is a social awareness programme aimed at creating Compassionate Communities and Cities led in Spain by the Foundation and part of an international movement called “Compassionate Communities”.

**HOW DO WE DO IT?**

**AWARENESS**
- Lectures/talks
- Seminars
- Conferences
- Media campaigns

**TRAINING**
- Training programmes “We are all with you”
- Train the trainers
- Care and support workshops
- Materials and resources

**RESEARCH**
- People’s awareness of Palliative Care and experiences of care
- End-of-life care networks

**IMPLEMENTATION**
- Needs assessment
- Creation of citizen’s groups
- Care and support
APPROACHING A NEW HEALTH MODEL
TEAM

NEW HEALTH FOUNDATION is made up of a multidisciplinary team of national and international professionals and experts in planning, organisation, health care and social health care management, palliative care, research, innovation, training and quality accreditation. A team working together to build a society committed to the care and attention to those who suffer from an advanced disease and/or are in the final stages of life.

The Foundation Board consist of five trustees with solid professional experience in health care, entrepreneurial and foundational activities.
BENEFITS

FOR THE SYSTEM:

• Generation of models of excellence for managing, coordinating and financing in organisations.
• Promotion of networking and synergies between organisations.
• Visibility to organisations’ experiences and best practices.
• Optimisation of resources and elimination of inappropriate costs, thus improving organisations’ effectiveness and efficiency.

FOR PROFESSIONALS:

• Motivation, involvement and alignment in change management.
• Improvement on efficiency of outcomes, performance and productivity.
• Better coordination between health and social care professionals

FOR SOCIETY:

• Improved quality of life of persons with advanced diseases and at the end of life, through the promotion of person-centred integrated care.
• Training and gratification for relatives.
• Awareness and training for communities on the importance of care and support to those who need it most.
• Improved quality of life and well-being.
EXPERIENCE

SOME OF OUR ON-GOING AND FINALISED PROJECTS

• **Lucy Project:** promotion and development of Palliative Care policies, programmes and services in Colombia. HEALTH PROMOTION ENTITIES (EPS): EPS SURA, EPS SAVIA SALUD, EPS SALUDCOOP, ORGANIZACIÓN SANITAS INTERNACIONAL COLSANITAS, COOMEVA.

• **Design of Palliative Care services and NEWPALEX® certification processes** for different SERVICE PROVIDER INSTITUTIONS IN COLOMBIA and for SAN JUAN DE DIOS HOSPITAL IN PAMPLONA, SPAIN.

• **Analysis and evaluation of the National Health System Palliative Care Strategy.** MINISTRY OF HEALTH, SOCIAL SERVICES AND EQUALITY. SPAIN.

• **Design of the Palliative Care National Strategy.** NATIONAL INSTITUTE OF CANCER E.S.E. COLOMBIA.

• **Updating the Directory and Resource Assessment of Palliative Care in Spain.** SPANISH SOCIETY OF PALLIATIVE CARE (SECPAL).

• **Advice on the development of the Regional Palliative Care Programme of the Balearic Islands.** GOVERNMENT OF THE BALEARIC ISLANDS. SPAIN.

• **Evaluation study on the “Strategy for facing the challenge of chronical diseases in the Basque Country”.** DEUSTO BUSINESS SCHOOL. SPAIN.

• **“Fill the vacuum”: working document aimed at boosting continuity of resources between health and social care systems’.** ECONOMY AND HEALTH FOUNDATION (FUNDACIÓN ECONOMÍA Y SALUD). SPAIN.

• **“Seville with you: Compassionate City” Project (“Sevilla Contigo, Ciudad compasiva”).** Social awareness project for the creation of a compassionate city. SEVILLE. SPAIN.

• **Multicentre research project: Care network for the needs of people with advanced and terminal diseases.** SPAIN.

• **Management of the Journal Records of social and health coordination (“Actas de la Coordinación Sociosanitaria”).** CASER FOUNDATION. SPAIN.